



Case Study Template/Outline

Each case study should follow a client from their initial session, through the treatment of their complaint/s and to a final outcome, usually where the complaint is resolved.

This should include a number of treatment sessions (for example 1-8 sessions or however many it took) with the one person, which should show significant improvement.

The case studies are anonymous so you are required omit the person's name and any obvious details which may identify them.

Case: [Main reason for Treatment], Age, Male/Female

The Person & Complaint

Include a brief description of the person, their relationships/family, their complaint, any relevant facts, health issues, history, etc.

The Story & Emotions

What's the story with the client? Is there one? If there's nothing obvious, is it more of an attitude or recurring feeling? What are the emotions that the client is experiencing or repressing?

The Energetic System

How has the story, attitudes and emotions affected the energy system? What is blocked/congested? What obvious centre's, meridians, fields etc are contracted?

Treatment – first session

What did you do in the session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

Treatment – second session

How was the client after the first session? How is the complaint? Improved or not?

What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

Other Subsequent Treatments

Continue as per second session.

Result/ How it was resolved

What was the result after treatments concluded? How was the complaint resolved?